

Christina McGhee

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Christina McGhee, MSW is an internationally recognized divorce parenting expert, speaker, and author of the critically acclaimed book, *PARENTING APART: How Separated and Divorced Parents Can Raise Happy and Secure Kids* and founder of divorceandchildren.com.

Christina adamantly believes divorce doesn't have to equal devastation for families. While it is undeniably hard, with the right kind of information and support, she feels parents have the ability to be a child's absolute best resource when families change.

Currently, she maintains a select coaching practice that allows her to work with parents all over the world. Additionally, Christina has leveraged her broad range of experience to create the unique multidisciplinary Co-Parenting Specialist® Training Program. It teaches divorce professionals how to keep kids in the center, not the middle when parents part.


Christina also serves as the Education and Training Director for the SPLIT Outreach Project, a non-profit organization that produced the groundbreaking documentaries SPLIT: The EARLY Years and SPLIT UP: The TEEN Years.


Whether she is training, coaching, or creating programs, Christina's passion for disrupting the status quo, changing divorce for the better, and keeping the focus where it belongs... on kids, remains constant.

Christina and her husband live outside of Houston, Texas, and are the proud parents of four "adultish" children (two bonus, two bio.)

When she's not busy restoring order to the universe, Christina spends her time taking in sunsets, searching for the perfect cup of coffee, and ordering more books than she can possibly read.

Social links

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