



# Christina McGhee

speaker • coach • divorce-parenting expert • author

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**Christina McGhee, MSW** is an internationally recognized divorce parenting expert, speaker and author of the critically acclaimed book, **PARENTING APART: How separated and divorced parents can raise happy and secure kids** and founder of [divorceandchildren.com](http://divorceandchildren.com).

Christina adamantly believes divorce doesn't have to equal devastation for families. While it is undeniably hard, with the right kind of information and support, she feels parents have the ability to be a child's absolute best resource when families change.

Currently, she maintains a select coaching practice and runs a co-parenting specialist training program that teaches divorce professionals how keep kids in the center, not the middle, when parents part. She also continues to serve as subject matter expert and consulting producer for the documentary films, *Split: a film about divorce for kids and their parents* and *Split UP: the Teen Years*.

**Whether she is training, coaching, or creating programs, Christina's passion for disrupting the status quo, changing divorce for the better, and keeping the focus where it belongs... on kids, remains constant.**

Christina and her husband live outside of Houston, Texas, and are the proud parents of four "adultish" children (two bonus, two bio.)

When she's not busy restoring order to the universe, Christina spends her time taking in sunsets, searching for the perfect cup of coffee, and ordering more books than she can possibly read.

*Social links*



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